

Tennis4All Gloucester Wotton Lawn Tennis Club - Weekly Timetable

Fun, friendly sessions for all ages and abilities!

Momentum Monday

7:30 Adult Cardio

8:30 Ladies Only

9:30 Tots

10:00 Junior and Adult SEND Tennis

11:00 Home Ed Tennis

12:00 Adult Cardio Tennis

13:00 Mental Health Tennis

14:00 Walking Tennis

15:30 Tots Tennis

16:00 Youth Blue/Red

17:00 Youth Orange/Green

18:00 Youth Yellow

19:00 Adult Beginner

20:00 Adult Intermediate

21:00 Adult Advanced

Try it Tuesday

7:30 Adult Cardio

8:30 Adult Beginners

9:30 Tots Tennis

10:00 Junior and Adult SEND

11:00 Home Ed Tennis

12:00 Adult Cardio

13:00 Mental Health Tennis

14:00 Walking Tennis

15:30 Tots Tennis

16:00 Youth Blue/Red

17:00 Youth Orange/Green

18:00 Youth Yellow

19:00 Ladies Only

20:00 Adult Cardio Tennis

21:00 Adult Intermediate/Advanced

Workout Wednesday

7:30 Adult Cardio

8:30 Adult Intermediate

9:30 Tots

10:00 Junior and Adult SEND

11:00 Home Ed Tennis

12:00 Adult Cardio

13:00 Mental Health Tennis

14:00 Walking Tennis

15:30 Tots Tennis

16:00 Family Tennis

17:00 Family Cardio Tennis

18:00 Junior Cardio Tennis

19:00 Adult Cardio Tennis

20:00 Adult Beginners

21:00 Adult Advanced

Together Thursday

7:30 Adult Cardio

8:30 Adult Advanced

9:30 Tots Tennis

10:00 Junior and Adult SEND

11:00 Home Ed

12:00 Adult Cardio

13:00 Mental Health Tennis

14:00 Walking Tennis

15:30 Tots Tennis

16:00 Family Tennis

17:00 Junior SEND

18:00 Adult SEND

19:00 Ladies Only

20:00 Adult Cardio

21:00 All Adults

Feel Good Friday

7:30 Adult Cardio Tennis

8:30 Ladies Only

9:30 Tots Tennis

10:00 Junior and Adult SEND

11:00 Home Ed

12:00 Adult Cardio

13:00 Mental Health Tennis

14:00 Walking Tennis

15:30 Tots

16:00 Youth Blue/Red

17:00 Youth Orange/Green

18:00 Youth Yellow

19:00 Adult Beginners

20:00 Adult Intermediate

21:00 Adult Advanced

Social Saturday

7:30 Adult Cardio

8:30 Junior Cardio

9:30 Tots

10:00 Youth Blue/Red

11:00 Youth Orange/Green

12:00 Youth Yellow

13:00 All Adults

14:00-16:00 Family Social Tennis

16:00-18:00 Junior Social Tennis

18:00-20:00 Adult Social Tennis

Super Sunday

7:30 Adult Cardio Tennis
8:30 Junior Cardio Tennis
9:30 Tots Tennis
10:00 Youth Blue/Red
11:00 Youth Orange/Green
12:00 Youth Yellow
13:00 All Adults
14:00 Family Cardio Tennis
15:00 Junior and Adult SEND
16:00 Youth Blue/Red
17:00 Youth Orange/Green
18:00 Youth Yellow
19:00 Ladies Only Tennis
20:00 Adult Cardio
21:00 Adult Intermediate/Advanced